



## Greetings from ALS Manitoba

**Diana Rasmussen, Executive Director**

Winter is here, the temperature is cold, however the sun is shining and we are looking forward to the holiday season, the New Year and then spring and all the excitement that it brings us here at the ALS Society of Manitoba!

This past year has been a time of reflection. We welcomed new members to our Board of Directors, had many events and activities that raised much needed dollars for Client Services and Research for the ALS Community. We also recognized the hard work of our dedicated volunteers and staff, both at the Brummitt-Feasby ALS House and the ALS Office.

We are extremely grateful to our wonderful donors and sponsors for their continuous commitment to the ALS Society of Manitoba. This dedication enables us to provide ongoing services and supports to the ALS population.

We would also like to welcome our new Events and Fundraising Coordinator – Leila Dance and look forward to an exciting and event filled 2014.

On behalf of the ALS Society of Manitoba, I want to wish you all a Happy Holiday Season and again thank you for your commitment to *Making Moments Matter* in the lives of those living with ALS.

Diana



## Lite Up a Life with the ALS Society of Manitoba

Help to light the bulbs on the trees in the front yard of the Brummitt-Feasby ALS House, 106 Kirby Drive.

**3 Bulbs for \$5 or 7 Bulbs for \$10**

**Lite a whole tree (150 bulbs) for \$150**

For more information or to donate:  
204-831-1510 HOPE@alsmb.ca



493 Madison Street, Winnipeg, Manitoba R3J 1J2  
Toll Free: 1-866-718-1642 Winnipeg: 204-831-1510  
Email: HOPE@alsmb.ca

www.alsmb.ca

# Warm up your winter with our Bud, Spud and Steak Fundraiser

**Friday, February 7, 2014 - Cowboy's, Canad Inn Windsor Park, 1034 Elizabeth Road**

The ALS Society of Manitoba is excited to be grilling up the fun this winter with our first ever Bud, Spud and Steak Fundraising. This family friendly event will be held from 5:00 to 8:00 pm with tickets available now for only \$20.00 at the Society office at 493 Madison or by calling 204-831-1510 ext. 4.

What is a Bud, Spud & Steak Fundraiser? Just as it sounds, it's a fundraising dinner where you buy a ticket that entitles you to a beer (a.k.a. Bud), potatoes (a.k.a. spud) and a steak. There is a chicken option for those that would prefer it. Caesar salad and buns and potato toppings are included. All proceeds support the ALS Society of Manitoba.

Bring your family, kids and friends out to enjoy a great steak dinner and the chance to win great prizes with the rainbow auction, door prizes and two tickets to our Annual Cornflower Gala.

## Win with the Great Dining Experience!

February 7, 2014 is also the night of the Great Dining Experience Draw. Your chance to win a \$650, \$450, \$250 or \$75.00 dining experiences at some of Winnipeg's finest dining venues. Tickets are available now for only \$5.00 at the Society office at 493 Madison or by calling 204-831-1510 ext. 4.

Special thanks to the following restaurants that donated gift certificates for their dining experience:

**1ST PRIZE** **WOW! HOSPITALITY (\$650.00 Value)**  
\$200.00 - 529 Wellington  
\$150.00 - Terrace in the Park  
\$150.00 - Peasant Cookery  
\$ 75.00 - Los Chicos Restaurante Y Cantina  
\$ 75.00 - Muddy Waters

**2ND PRIZE** \$200.00 - THE CURRENT  
\$200.00 - LOBBY ON YORK  
\$ 50.00 - PRAIRIE 360

**3RD PRIZE** \$200.00 - RAE & JERRY'S STEAKHOUSE  
\$ 50.00 - MOXIES GRILL & BAR

**4TH PRIZE** \$ 75.00 - THE ROUND TABLE

Good Luck!

For up to date information on events, follow us on:



ALS Society of Manitoba.



@ALSmanitoba

**Bud Spud & Steak**

Friday, February 7, 2014  
5 PM to 8 PM  
Cowboy's at Canad Inns Windsor Park  
1034 Elizabeth Road

Tickets \$20.00  
Family Friendly Event

INCLUDING THE GREAT DINING EXPERIENCE DRAW!

ALS SLA  
ALS SOCIETY OF MANITOBA  
LA SOCIÉTÉ MANITOBAINE DE LA SLA

For more information or to donate:  
204-831-1510 Ext. 4  
HOPE@alsmb.ca

All proceeds to support the ALS Society of Manitoba.

**INTERESTED IN VOLUNTEERING?** The ALS Society of Manitoba is always looking for volunteers for everything from event personal to office duties. If you are interested, please call our office at 204-831-1510 to find out more.

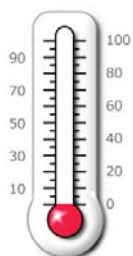
# Walk for ALS

**Saturday, May 31, 2014 - Assiniboine Park (South East Parking Lot)**

This year's Annual Walk for ALS planning is already under way and this year's provincial fundraising goal has been set. Drum roll please . \$235,000.00!!

Logout Progress

Welcome  
You have raised 0% of your goal.



Amount Raised:

**\$0**

Fundraising Goal:

**\$300**

The ALS Society of Manitoba was excited in July when we surpassed the 2013 goal and raised just shy of \$220,000.00. These funds raised not only make a huge impact on person's living with ALS in Manitoba but also have a significant impact on ALS Research in Canada.

With over 1500 walkers last year, raising an average of \$130.00 each, the walk was very successful. What will your goal be this year?

DID YOU KNOW? Walk for ALS also launched a mobile app to help walkers set and meet their fundraising goals through helpful tips and emails. Have you downloaded your personalizable app yet?

Hope to see you on the trails!!

Get Sponsors

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# Cornflower Gala

**Saturday, April 12, 2014 - St. Charles Country Club**

The Cornflower Gala in one of the biggest fundraising events that the ALS Society of Manitoba put on each year. This event holds the promise of fine dining, the opportunity to win great prizes (including two tickets anywhere WestJet flies) and most importantly the opportunity to have a lasting impact on those living with ALS in Manitoba through the funds raised at this event.

The ALS Society of Manitoba is also proud to acknowledge the ongoing support of it's sponsors for this event during the last few years:

SAVE THE DATE

2014  
CORNFLOWER  
Gala

ALS SLA  
ALS SOCIETY OF MANITOBA  
LA SOCIÉTÉ MANITOBAINE DE LA SLA

Saturday, April 12, 2014  
St. Charles Country Club  
100 Country Club Blvd, Winnipeg

Gala Tickets \$150.00  
5:30 pm Cocktails 6:30 pm Dinner

Derksen Plumbing & Heating  
Winnipeg Orthodontic Group  
Derksen Mechanical Services  
Manitoba Liquor and Lotteries  
WestJet  
CJOB  
Shaw TV  
Global Winnipeg  
Canexus Corporation  
Red River Co-Op  
Confidence Management Ltd.  
Dr. Nancy Wightman  
Gendis Inc.

*If you or your company is interested in sponsoring one or more of our events, please contact Leila Dance, Event & Fundraising Coordinator at 204-837-1270.*

# A SPECIAL THANK YOU TO THOSE WHO HELPED MAKE THIS YEAR A SUCCESS!

- A Touch of Grass  
A+ Financial Services Ltd  
AAA Alarm Systems Ltd.  
ABCO Supply & Service Ltd.  
ABSOLUTE HR  
Ackland Yard Services  
Adidas of Canada  
Advance Electronics  
ADVIC Bearing & Auto Ltd  
Aida Crystal Engraving Jewellery  
Air Movement Services Ltd  
AirSource (Rogers)  
All City Exteriors  
All-Fab Building Components  
Alpha Masonry Ltd  
Alphair Ventilating Systems  
Alsip's Industrial Products Ltd  
Alumicor Ltd  
AM Coffee Services Inc.  
Antex Western  
Anytime Fitness  
Apex Distribution  
Appel's Jewellery  
Applebee's Neighbourhood Grill  
Armitex  
ARTIS Reit  
Assessipi Ski Area & Resort  
Asham Curling Supplies  
Asper Foundation  
Assiniboia Downs  
Assiniboine Credit Union  
Atom Jet Industries(2002) Ltd.  
Au Set Belladonna Emporium  
Autohaus Volkswagen  
B & F Masonry Ltd  
B&L Homes For Children Ltd  
B.A. Robinson Co. Ltd.  
Bae's Martial Arts  
Bailey's Restaurant & Bar  
Baked Expectations  
Bank of Nova Scotia  
Bank Medical Inc.  
Barkman Concrete  
Barrett Marketing Group  
Bath Filter  
Battlefield Equipment Rental Ltd.  
Bayshore Gifts In Glass  
BCV Investments  
BDC Canada  
BDO Dunwoody  
BDR Services Ltd.  
Beaver Bus Lines  
Bel Acres Golf & Country Club  
Big Freight Systems  
Birchwood Automotive Group  
Bird Construction  
Bison Transport  
Black & McDonald Ltd.  
Blerot Masonry (2000) Ltd  
Blinds Are Beautiful  
Bluffish Sushi Restaurant  
BLW Food Service  
Bockstael Construction Ltd  
Boeing Canada Operations Ltd  
Bonfire Bistro  
Booster Juice  
Boretta Construction Ltd  
Bornhorst Mechanical Inc.  
Boston Pizza  
Bothwell Cheese  
Boyd Group  
Brian Fulmore  
Brian Neil Friesen Dental Corp.  
Bricklayers and Masons' Union  
Brock White  
BSD Solutions  
Buccacino's  
Buhler Industries  
CAA Manitoba  
Caisse Populaire St. Boniface  
Calabria Market & Wine  
Calm Air  
Cambrian Credit Union  
Campbell, Gardiner & Assoc. Ltd.  
Canadian Corporate Real Estate Serv.  
Canadian Manufacturers and Exporters  
Canadian Pacific Railway Company  
Canadian Tire  
Canadian Western Bank  
Cando Contracting Ltd.  
Canexus Corporation  
Canpar Transport  
Cappelli Academy  
Carlie's Canada  
CCI Industries  
CD Whyte Ridge Pharmacy  
Cedar Tree Nail & Hair  
Centennial Wire Products  
Central Hydraulics Inc.  
Century 21  
CGI Law Office Management Ltd  
Changes by Design  
Chapman Goddard Kagan LLP  
Character Homes  
Charleswood Roofing  
Chase Auto Body Supplies Ltd.  
Chave D'Oura  
CIBC  
CJOB  
Clarion Hotel Winnipeg Airport  
Closet Works  
Coast Wholesale Appliances  
Colliers Pratt Mc Garry  
Comco Pipe & Supply Co.  
Comfort Inn Winnipeg South  
Comforts of HomeCare  
Confidence Management Ltd  
Conquest MFG  
Construction Labour Relations  
Construction Safety Association of MB  
Consulting Engineers of Manitoba Inc.  
Cornerstone Masonry  
Costco  
Country Inn & Suites  
Credit Union Central of MB  
Crescent Beach Cottages & Motel  
Cresttown Credit Union  
CTV  
Cunningham's Business Interiors  
Curtis Carpets  
Curves  
D.I.Y. CHIX  
Dairy Queen Canada Inc.  
Dala's Restaurant  
Dance Plus  
Danny's Whole Hog Inc.  
Dauphin Clinic Pharmacy  
Delmar Commodities  
Deluca's Fine Wines  
Denny's Restaurant  
Derksen Mechanical Services  
Derksen Plumbing & Heating  
DFC Mechanical  
Diamond Athletic Medical  
Diversity Hair Studio  
DJ Media Enterprises Ltd  
D-Jay's Restaurant  
Domino's Pizza  
Domo Gasoline Corp.  
Dr. Nancy Wightman  
E.H. Price  
East Side Ventilation  
Eastern Chrysler Dodge Jeep  
Edward Carrier  
Elephant & Castle  
Elite Communications  
Ellis Don  
Elmhurst Golf and Country Club  
Empoco Corporation  
Emerging Information Systems Inc.  
Emmond Siding and Roofing Co.  
Empire Recording  
Encore Business Solutions Inc.  
Ensuite Bath & Kitchen Showroom  
Enterprise Rent-a-Car  
Enviro Dome Shelters  
Euro-Can Enterprises Ltd  
European Skin Care Plus  
Exchange Income Corporation  
Exercise Direct  
Extra Foods/Super Store  
Fairmont Winnipeg  
Falcon Lake Golf Course  
Family Foods  
Federated Insurance Company  
Fehr Way Tours  
Fero Corporation  
Fifth Avenue Collection  
Fillmore Riley LLP  
Flag City  
Flag Shop Winnipeg  
FloForm Countertops  
Floor Show  
Florists Supply Ltd  
Folk Arts Council of Winnipeg Inc.  
Fort Garry Hotel  
Fort Whyte Alive  
Fountain Tire  
Four Points by Sheraton  
Fresh Air Boutique  
Fresh Cafe  
FreshWater Fish Marketing Corp.  
FWS Construction  
G & L Sales Ltd.  
Garden Room  
Gasthaus Gutenberger  
GBL Solutions  
Gebhardt Masonry  
Gendis Inc.  
Gilbert Plains Consumers Coop  
Gingerwood Lane  
GKW Construction  
Gladstone Golf & Country Club  
Global Winnipeg  
Go Getters  
Goitown  
Gondola Pizza  
Grand Pines Golf Club  
Great West Life  
Grey Owl Plumbing  
Grower Direct  
GRS Financial Services Inc.  
Hans for Hair  
Harley Davidson Winnipeg  
Harris Holdings Ltd  
Harvest Bakery & Deli  
High Tea Bakery  
Hockey Night In Canada's Play On  
Holiday Inn Winnipeg South  
Home Health Care Centre  
Home Instead Senior Care  
Hometown Foods  
HSBC Finance  
Hugh Munro Construction  
Hydron-Aire Ltd  
Hypnotic Salon Spa  
IY's Steakhouse & Cocktail Bar  
IKON Office Solutions  
Images by Prints Vlad  
Independent Fish Co. Ltd  
Independent Jewellers  
Infinite Angles Hair & Skin Studio  
International Pacific Sales  
Intrepid Dezine  
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IVC Ltd.  
I-XL Masonry Supplies Ltd.  
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J.K. May Investments Limited  
James Richardson & Sons  
Jim Gauthier Chev Olds  
Joe Black Coffee Bar  
Joey Restaurants  
Johnson Waste Management  
Journeys Travel & Leisure  
K.C. Masonry  
K.O. T Productions  
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Kackenhoff Nurseries Ltd  
Keg Steakhouse & Bar  
Kenaston Wine Market  
Kern-Hill Furniture Ltd  
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King's Transfer  
Kitchen & Bath Classics  
Kitchen Craft of Canada  
Kleyson Transport  
KMG Gold  
Kroeker Farms Limited  
L.A. Dance Academy  
Lafarge Canada Inc  
Lake Life  
Lakeview Hecla Resort  
Lakeview Hotels & Resorts  
Lakeview Management Inc.  
Lakewood Properties  
Landau Ford Sales Ltd.  
Larkin Holdings Ltd.  
LaSalle Insurance  
Laurel McCleary Massage  
LaVerendrye Golf Course  
Leon's Furniture & Appliances  
Linda Rodewald  
Links at Quarry Oaks  
Lintex Products Limited  
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Lobby on York  
Lone Star Mercedes Benz  
Long and McQuade  
Lorette Golf Course  
M & M Meat Shops  
M.A. Stewart & Sons  
MacDon Industries  
MacMor Ind.  
Manitoba Aerospace Association Inc.  
Manitoba Association of Architects  
Manitoba Construction Sector Council  
Manitoba Heavy Construction Assoc.  
Manitoba Home Builders' Association  
Manitoba Hydro  
Manitoba in Motion  
Manitoba Liquor and Lotteries  
Manitoba Lotteries Corp.  
Manitoba Museum  
Manitoba Nurses Union  
Manitoba Opera  
Manitoba Pork Council  
Manitoba Public Insurance  
Manitoba Theatre Centre  
Maple Leaf Construction  
Mariaggi's Theme Suite Hotel  
Marigold Restaurant  
Mark Anthony Brands  
Marlborough Hotel  
Maxim Transportation Services  
MBO Nesbitt Burns  
McDiarmid Lumber  
McDonald  
McGrath Diamonds  
McPhillips Toyota  
MDI Agencies  
Meadows Golf Course  
Medichair Winnipeg  
Merle Norman Cosmetics  
Meyer's Autobody  
Meyers Norris Penny  
MGI Financial  
MGI Financial Inc.  
Midtown Ford  
Mid-Town Ford  
Midwest Engineering  
Mikes Hard Lemonade  
Mikkelsen-Coward & Co. Ltd  
Molsons  
Monsanto Canada Inc.  
Motor Coach Industries  
Moxies  
Moxie's Classic Grill  
Mr. D's Tart & Pie  
Mr. Lube  
Murray Chevrolet  
National Concrete Accessories  
National Leasing  
Natural Bakery  
NAV Canada Winnipeg  
Neepawa Golf Course  
Nelson River Construction  
New Flyer Industries  
Newell Rubbermaid  
Northland Healthcare Products Ltd  
Norwex  
Nygard International  
Old Dutch  
Old Spaghetti Factory  
Onyx Financial Group  
Original Pancake House  
Orion Chevrolet Oldsmobile  
Oswald Construction  
Paramount Windows Inc.  
Park Avenue Hair Salon  
Parkside Ford  
Paul's Hauling  
PCL Constructors Canada Inc.  
Peace Hills Trust  
Peace of Mind Line  
Pembina Insurance  
Pembina Pipeline Corporation  
Pepsi Bottling Group  
Permobil  
Perth's Dry Cleaning  
Pet Valu  
Pick-a-Flick  
Pineridge Hollow  
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Pitblado  
Pizzeria Gusto  
PKBWI Group  
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Pollard Banknote Limited  
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Powerland Computers  
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Princess Auto Ltd  
Procurity Inc.  
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Puratone Corporation  
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Pyrene Fire Security Manitoba  
R.L. Renovations  
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Radisson Hecla Resort  
Rae & Jerry's Steakhouse  
Rainbow Stage  
Ramada Viscount Gort Hotel  
Rana Respiratory Group  
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Ranger Insurance  
Ray Legumex Inc.  
RE/MAX Realty  
Red Boot Drive-Inn  
Red Lobster  
Red River Co-Op  
Red River Valley Mutual  
Reliable Medical Supplies  
Renewal Masonry  
Rental Experts  
Restall & Restall LLP  
Revera Home Health  
Robins Donuts  
Rodek FRC Ltd  
Rolling Spokes  
Roma Masonry Ltd  
Rona Home & Garden  
Round Table Steakhouse  
Rumor's Comedy Club  
S.D.R. International Freight Inc.  
Safeway  
Sanofi Aventis  
Saucers  
Scarrow & Donald CA  
Scinn Har Studio  
Scotiabank  
Scott Bakery  
Scott-Bathgate Ltd.  
Sentinel Self-Storage  
ServiceEdge Consulting  
Shapes  
Shaw TV  
Shear Style  
Shindico Realty Inc.  
Shippam & Associates  
Shoe Guy  
Shoppers Drug Mart  
Show & Save  
Silver Heights Restaurant  
Simon Imports  
SKYY Vodka  
Smitty's/Westwood Village Inn  
SNC-Lavalin Inc.  
Sobey's  
Somerville Design Homes Ltd.  
Source for Sports  
South Beach Casino & Resort  
South Beach Sun Tan Studios  
Southwood Golf and Country Club  
Speedpro Sign Centre  
Spoon Me  
St. Charles Country Club  
St. Pauls High School  
Stagger Inn Bar & Grill  
Starbucks  
Ste. Anne Co-Operative Oil Ltd.  
Steam Specialty Sales  
Steinbach Credit Union  
Stella's Cafe & Bakery  
Stephen N Rosenfield, CGA  
Straight To The Point  
Stride Ahead  
Subway  
Super Value Home Services  
Superstore  
Supper Central  
Sushi California  
Sutton Smithworks Ltd  
Sysco  
T&T Seeds  
Tache Pharmacy  
Taillieu Construction Limited  
Tauber Music  
Taylor McCaffrey LLP  
TD Bank  
Team Insurance Brokers  
Tech-Air Ltd.  
Teekca's Aboriginal Boutique  
The Bake Oven  
The Battery Man  
The Current  
The Golf Dome  
The Keg  
The TJX Canada Corporation  
Thermo Applicators Inc.  
Tim Hortons  
TJX Canada  
Top Marks Manufacturer  
True North Entertainment  
TruServe Canada Inc.  
TSN Radio (Bell Media)  
Unique Corral Hay/Sleigh Rides  
UW Pace  
Valour Decorating  
Van Extras  
Vertical Adventures  
Via Rail Canada  
Victoria Inn  
Victoria Life Line  
Vitality Wellness Centre  
Wardrop Engineering Inc.  
Warner Music Canada  
Water Mart  
Waverley Chrysler-Dodge-Jeep  
Wawanasa Insurance  
We Care Home Health Services  
Wellington College of Remedial  
Massage Therapy  
Wescan Electrical Mechanical Serv.  
Wes-Man Mechanical  
Westco  
Western Construction Services  
WestJet  
Westwood Mechanical Inc.  
WGI Westman Group Inc.  
Winehouse  
Winnipeg Art Gallery  
Winnipeg Blue Bombers  
Winnipeg Construction Association  
Winnipeg Free Press  
Winnipeg Goldeyes  
Winnipeg Orthodontic Group  
Winnipeg Supply Services Experts  
Winnipeg Symphony Orchestra  
Winnipeg Winter Club  
Wimpak Ltd.  
Wok Box  
Wolseley Canada  
Wow! Hospitality  
WR Display  
Zealous MediSpa

## Donation Form

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

ENCLOSED IS MY GIFT IN THE AMOUNT OF: \$ \_\_\_\_\_

CASH     CHEQUE     VISA     MASTERCARD

NUMBER: \_\_\_\_\_

EXPIRY DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Please make my donation in  MEMORY or in  HONOUR of:

Please send an acknowledgement to:

Name: \_\_\_\_\_

Full Address: \_\_\_\_\_

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