



ALS SOCIETY OF MANITOBA
LA SOCIÉTÉ MANITOBAINE DE LA SLA

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NEW - WALK LOCATION

The 2018 WALK for ALS will be at the **CONSERVATORY TENT**, located opposite the Pavilion. Please make sure that you have notified your whole team and anyone coming to cheer you on about this new location. **Please Note:** As in prior years, parking in the Park is limited so we encourage everyone to carpool.



To be prepared is half the victory. -MIGUEL DE CERVANTES

WALK STARTS HERE

Remember to bring the following to ensure you are ready for the day:

WATER/WATERBOTTLE	PROPER SHOES	SUNSCREEN	SUNGLASSES	HAT
UMBRELLA	RAIN JACKET	CAMERA	ENERGY FOOD (BARS, TRAIL MIX)	