





**WINNIPEG WALK for ALS**  
**SATURDAY, JUNE 16, 2018**  
 Assiniboine Park - Conservatory Tent



REGISTRATION: 9:00 am  
 WALK STARTS: 10:00 am  
 DISTANCE: 5 km

**FACT SHEET**

- 2018 will be the 17th Walk for ALS in Manitoba.
- 40% of all funds raised through the Walk for ALS goes towards research, with 60% remaining in Manitoba to assist clients and their families.
- ALS/MND is also called Amyotrophic Lateral Sclerosis, Lou Gehrig’s Disease or Motor Neuron Disease.
- ALS/MND is a progressive neuromuscular disease in which nerve cells die and voluntary muscles become paralyzed.
- There are approximately 3,000 Canadians currently living with ALS/MND.
- There is currently over 350 people in Manitoba living with ALS/MND. The fastest growing population with ALS/MND is in rural areas.
- 80% of people with ALS/MND die within 2 to 5 years of diagnosis.
- About 10% of the cases are familial.
- ALS/MND affects the whole family, with most of the care shouldered by family caregivers.
- **HOPE** is important in everything we do.
- The **ALS Society of Manitoba** works with **HOPE** in our minds – that a cure will be found and in the mean time we will Help Our People Every way we can.

**ALS - THREE LETTERS THAT CHANGE LIVES FOREVER**