



The annual **WALK for ALS** is the largest fundraiser for the ALS Societies across Canada. The WALKS are a platform to raise awareness with a unified vision:

TO SUPPORT PEOPLE LIVING WITH ALS/MND AND INVEST IN RESEARCH TO MAKE ALS A TREATABLE NOT TERMINAL DISEASE.

ALS/MND is a neurodegenerative disease where the nerve cells that control your muscles die. The 'living wires' which connect your brain to your muscles degenerate, leading to a loss of mobility, loss of speech and eventually impact the ability to breathe.

This is a terminal disease. ALS does not have a cure nor an effective treatment. In Canada, approx. 2500-3000 people are living with ALS; 1000 will succumb to the disease and 1000 will be newly diagnosed each year. The lifespan after diagnosis is on average two to five years.

HOW YOUR DONATION HELPS

60% of the proceeds from your donations go towards supporting Manitobans living with ALS and **40%** is directed to peer-reviewed research to find a treatment for ALS.

**NATIONAL WALK
GOAL \$4 MILLION!**

HOW TO GET INVOLVED

REGISTER ONLINE

1. Go to www.WALKforALS.ca
2. Select your community and register. You will be sent a link for your personal fundraising page
3. Share your link to friends, family and colleagues

REGISTER ON PAPER

1. Use the registration and donation form on the inside of this brochure
2. Share and ask everyone you meet to make a donation to you

REGISTER VIA MOBILE

1. Download the **WALK for ALS app***
 2. Select your community and register
- Now you're ready to raise funds on-the-go!
**Available for iPhone and Android*

BUILD A TEAM!

WORK TOGETHER with family, friends and colleagues to meet your fundraising goal. Design your own hats, armbands or signs to support your loved one and others living with ALS in your area.



BELMONT AND SOUTH WEST MANITOBA WALK for ALS

**SATURDAY
SEPTEMBER 8, 2018**

**CLUB ROOM
BELMONT, MANITOBA**

CHECK-IN: 9:30 a.m. STARTS: 10:30 a.m. DISTANCE: 5 km

For more information or to sign up for the Belmont Walk, please contact:
CONNIE MYERS (204) 827-2482
cmyers@mymts.net



2A - 1717 DUBLIN AVENUE
WINNIPEG, MB R3H 0H2
204-831-1510
HOPE@ALSMB.CA
WWW.ALSMB.CA



PLEDGE FORM
WALKFORALS.CA
BELMONT 2018

Participant Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: _____ Telephone: _____

Are you the Team Captain? Y N Team Name: _____

DONOR INFORMATION

Please print clearly - If we can't read it, we can't receipt it!

Receipt Req'd	First Name	Last Name	Mailing Address # Street, City, Province	Postal Code	Telephone	Email	Amount Received
Y/N							
Y/N							
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Y/N							
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Y/N							
Y/N							

I am walking in honour of: _____

My fundraising goal is: \$ _____

WAIVER MUST BE SIGNED BY WALKER

In signing this release I acknowledge that I understand the intent thereof, and I hereby agree to absolve and hold harmless the ALS Society of Canada and ALS Society of Manitoba, corporate sponsors, co-operating organizations and any other parties connected with this event in any way, singly or collectively, from and against blame and liability for any injury, misadventure, harm, loss, inconvenience or damage hereby suffered or sustained as a result of participation in the WALK for ALS in 2018, or any activities associated therewith. I hereby consent to and permit emergency treatment in the event of injury or illness. I also give full permission for use of my name, photo, and video in connection with this event, and to receive email updates about upcoming events and programs.

- Please photocopy this form if you need extra copies
- Receipts will be issued for all donations of \$20 or more
- Collect the money when the donor contributes

Please make cheques payable to:
 ALS SOCIETY OF MANITOBA
 2A-1717 Dublin Ave, Winnipeg, Manitoba R3H 0H2
 Charitable Registration Number: 120654421RR0001

Subtotal (this page only)	
Grand Total (all pages)	